





FREE DIGITAL LESSON

"Nonviolence for Social Change"



EVERFI®, in collaboration with The Martin Luther King, Jr. Center for Nonviolent Social Change (The King Center) and with generous support from the National Football League (NFL) and its Inspire Change social justice campaign, is proud to introduce "Nonviolence for Social Change," a new digital lesson. This powerful addition to EVERFI's free 306: Black History – Continuing the Story course empowers students to explore nonviolence as a transformative tool for addressing social challenges and fostering positive change in their communities.

The lesson looks at the development of the philosophy of nonviolence and traces its use to influence social change through legislation. This lesson seeks to enable students to make connections between the ongoing struggle for civil and human rights in India in the early 1900's, to the use of nonviolent resistance during the Civil Rights Movement in the United States, to the use of nonviolence in the present day to confront injustices. A first-person narrative describes the use of nonviolent resistance, and shaping events are identified over a century.



306: Black History - Continuing the Story™

GRADE LEVEL:

8-12

LENGTH:

25 min digital lesson and up to 1 hr of offline learning

CURRICULUM FIT:

Social Studies, History, ELA, Civics, Advisory, Homeroom, and CTE

STANDARDS ALIGNMENT:

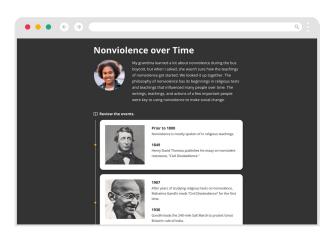
National Standards for Literacy in History and Social Studies; College, Career and Civic Life C3 Framework for Social Students State Standards

EFFICACY:

EVERFI curriculum is research-based.

Learn more at everfi.com/research





LESSON FIVE OVERVIEW ("Nonviolence for Social Change")

TOPICS COVERED:

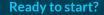
- Gandhi and India's use of nonviolent resistance
- Dr. Martin Luther King, Jr.'s 6 Principals of Nonviolence
- The Civil Rights Movement and nonviolence
- The Beloved Community
- Examples of legislation impacted by nonviolent Resistance

LEARNING OBJECTIVES:

Students will be able to...

- Examine the use of nonviolent resistance in a variety of historical settings.
- Demonstrate understanding of King's Principles of Nonviolence.
- Reflect on the use nonviolent resistance to impact legislation.





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EVERFI empowers educators to bring realworld learning into the classroom and equip students with the skills they need for success—now and in the future.