



Name:



Date:

Dr. King's "Run Walk" Quote - Reflection Worksheet
Option A

"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward."

- Dr. Martin Luther King, Jr.

If you can't fly then run

Draw someone running:

If you can't run then walk

Draw someone walking:

If you can't walk then crawl

Draw someone crawling:

Keep moving forward

Draw someone moving:



Dr. King's "Run Walk" Quote - Reflection Worksheet
Option B

"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward."

- Dr. Martin Luther King, Jr.

- 1) Did Dr. Martin Luther King, Jr. really believed that people could fly?
If not, then what did he mean?

- 2) Think about a time when you wanted to do something amazing but realized that it was okay to do your best instead.

- 3) Describe a time when you wanted to quit or walk away but knew it was best for you to keep trying or keep moving forward.
